

LEVEL 2 CERTIFICATE IN NAIL TREATMENTS  
(MANICURE & PEDICURE )

FOUR DAYS

This qualification concentrates on the treatment of the 'natural nail'. Nail treatments are both popular and profitable they provide the ideal opportunity to promote yourself and other services you may offer as well as enabling you to complete further training in the nail industry.

**Subjects include:**

Health & safety

Introduction to nail treatments

Nail diseases & disorders

Anatomy & physiology of the hand & arm, lower leg & foot, nail formation, composition and growth

Consultation technique, manicure & pedicure theory

Massage of hand, arm, foot & lower leg

Filing, buffing, cuticle work, application of polish etc

Luxury manicure and pedicure techniques

**Pre-requisites:** None - course open to beginners

**Cost:** £300 including kit & lunch

VTCT CERTIFICATE IN NAIL ART

TWO DAYS

Creating lovely nails is the largest growth area of the beauty business. Nail art, which can be used to compliment your manicure & pedicure treatments, is a great way to offer your clients an individual look created solely for them by you!

**Subjects include:**

Basic nail care and effects

Polish – secure designs

Transfers and decals

Freehand nail art techniques

Advanced nail art techniques

**Pre-requisites:** Manicure qualification

**Cost:** £175 including kit & lunch

**VTCT LEVEL 3 DIPLOMA IN INDIAN HEAD MASSAGE****FIVE DAYS**

Indian Head massage is an extremely effective treatment that has evolved from traditional techniques practised in India for over a thousand years. The treatment is non-invasive and can be practised over the clothes and, thus can be carried out anywhere. It is a holistic treatment, working on both a physical and psychological level, the treatment applied to the upper back, arms, neck, face and scalp is excellent for stress.

**Subjects include:**

Health & safety  
History of IHM  
Anatomy & physiology of the area being treated  
Theory of IHM  
Practical application  
Consultation techniques

**Pre-requisites:** None - course open to beginners

**Cost:** £350 including kit and lunch

**PROFESSIONAL EYELASH EXTENSIONS****ONE DAY**

Enhance the profitability of your business with the latest eye treatment on the market. This professional training course is run in conjunction with Lash Xpert the original lash experts and is accredited by the guild of beauty therapists. A comprehensive kit with over 20,000 lashes in a superb metal case included.

**Subjects include:**

Consultation technique & theory  
Anatomy of eyelashes  
Contra Indications  
Health & safety  
Practical Application  
Marketing

**Pre-requisites:** Level 2 Beauty Therapy or Certificate in Eye treatments

**Cost:** £355 including kit

*All the courses are certificated by VTCT, a leading examining board, whose national qualifications are recognised internationally.*

*The Academy is an authorised VTCT Assessment Centre which is inspected regularly to ensure high standards of training, tutor qualifications and quality, equipment and premises.*